



# TOGETHER APART



*Join us for online support groups this week! Space is limited!  
Please register for only 1 of the following sessions.  
More to Come!*

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**TUESDAY 3/24 @ 8:00 AM**

**For Parents/Caregivers**

**Discussion Topic: Behavior**

**Guest: Joy F Johnson, M.Ed, M.S.**

*I am a Behavior Specialist, Inclusion Specialist, and Autism Advocate who partners with organizations, individuals, and families to improve the lives of those impacted by autism. After spending years working in clinical settings, non-profits, and schools, my experience enables me to truly serve and represent ASD community members in various contexts. I hold a Masters in education, a Masters in psychology with a specialization in ABA, and I am currently a PhD candidate. In addition to my extensive education professional experiences, I have a great deal personal experience. I am diagnosed with autism myself which provides me with a unique knowledge, perspective, and source of passion.*

To Register for this session click [HERE](#) .

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**WEDNESDAY 3/25 @ 7:00 AM**

**For Parents/Caregivers**  
**Discussion Topic: Early Morning Idea Share**  
**Facilitator: Debbie Page, President ASBC**

In this difficult time it is helpful to be able to share the ideas you have and things/systems that are working for you and your family. This will also be a time to discuss the challenges you are facing and connect with those who are experiencing similar challenges.

**To register for this session click [HERE](#).**

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**WEDNESDAY 3/25 @ 2:00 PM**

**For Parents/Caregivers**  
**Discussion Topic: Well Being & Coping Support Session**  
**Facilitators: Dr. Kay Holman & Dr. Andrea Parrish**

It is important that parents/caregivers take care of themselves during these times of uncertainty and stress. Join Dr. Kay Holman & Dr. Andrea Parrish for a focused discussion on wellness and mindfulness practices.

**To register for this session click [HERE](#).**

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**THURSDAY 3/26 @ 9:00 PM**

**For Parents/Caregivers**  
**Autistic Adult Support Group**  
**Facilitator: Joy Johnson**

Join us for an opportunity to connect and engage with others, share your concerns and hear how others are managing the quarantine. You are not alone!

**To register for this session click [HERE](#).**

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**FRIDAY 3/27 @ 9:00 AM**

**For Parents/Caregivers**  
**Discussion Topic: Well Being & Coping Support Session**  
**Facilitators: Dr. Kay Holman & Dr. Andrea Parrish**

It is important that parents/caregivers take care of themselves during these times of uncertainty and stress. Join Dr. Kay Holman & Dr. Andrea Parrish once again for a focused discussion on wellness and mindfulness practices.

**To register for this session click [HERE](#).**

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**What do you want to talk about?**



Contact Debbie Page as we continue to program these online support groups with your ideas and thoughts about ways to stay connected during these uncertain times.

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