

2019 *Express Yourself* Contest Celebrating Differences!



Are you autistic? Do you have a brother or sister with autism? Are you the parent or grandparent of an individual with autism? Are you the teacher of a student with autism? Or, are you the friend of a person with autism? We'd like to hear from you! What have you learned? How have you been challenged to re-think your notions of autism or of life's journey? What do you want to share?

The Autism Society of Baltimore-Chesapeake (ASBC) is accepting essays, poems, artwork, short films, or any other original work to celebrate *Autism Awareness Month 2019* which takes place in April. **Winning entries will be awarded prizes and may also be invited to share their winning entry at our 10th annual Honestly Autism Day at the Delta Marriott Hotel in Hunt Valley on April 6, 2019.**

Entries will be accepted in each of the following categories:

1. Individuals with Autism (Adult & Youth Categories)
2. Family Members or Friends
3. Grandparents
4. Elementary School Students
5. Secondary School Students
6. Educators or Therapeutic Professionals

Contest Rules: *Essays and poems are limited to 500 words. Please include your name, relationship to the individual with autism, grade/school or occupation, phone number, email address, and mailing address. One entry per person. Prior ASBC Express Yourself contest winners are not eligible. Entries must be postmarked by March 16th, 2019. The ASBC reserves the right to publish entries. Entries will not be returned.*

Please e-mail your submissions to dpage@baltimoreautismsociety.org